

# Activity List

- Walking
- Hiking
- Running
- Jogging
- Soccer
- Baseball
- Football
- Hockey
- Roller blading/skating
- Rugby
- Softball
- Tag
- Hide and seek
- Jump rope
- Hula-hoop
- Dance
- Skipping
- Exercise
- Yoga
- Basketball
- Swimming
- Lacrosse
- Snowboarding
- Skiing
- Sledding
- Cheerleading
- Tennis
- Volleyball
- Wrestling
- Horseback riding
- Cycling
- Golf
- Fencing
- Martial arts
- Ultimate frisbee
- Sprinkler play
- Bowling
- Obstacle course
- Skateboarding
- Gymnastics