

Preschool Physical Development

Child: Lewis

Birthday: 9/26/2017

Gross Motor (4-5 Years)		
Milestone	Mastered	Notes/Comments
Use both hands to catch, throw with good aim, kick and object.	✓	<i>December 22, 2020 Kicked the ball to Adam</i>
Move with purpose from one place to another using the whole body. This might include walking, running, marching, jumping, hopping or climbing. For a child in a wheelchair, skills might include steering the chair into different spaces.		
Show good balance and coordination, such as walking on a wide beam or line.	✓	<i>Walking on the beam around playground</i>
Enjoy challenging him- or herself to try new and increasingly difficult activities.		<i>Working on jumping over beam</i>