

Tab D - CS II a Learning Experiences (from RC II)

Directions: Pick one of the nine learning experiences you chose for your Resource Collection II. How does this experience reflect your personal philosophy of how you support young children's physical development?

⇒ Be sure to save this assignment to print off and include in your **Professional Portfolio**.

In reflecting on the hopscotch lesson plan that I included, I can see that this activity supports my desire to get children outside in nature more and the importance I place on physical activity inside and outside of the classroom.

I think it is crucial for children to experience a variety of activities that focus on gross motor skill development. It is especially beneficial to get children outside more often throughout the day because this can help burn off excess energy and cause them to focus even better when inside the classroom.

