

## Grab and Go Bag Video Transcript

If you travel with small children, you probably already have a bag on hand with things you need to care for a child for a short time. By keeping this bag packed and ready to go, you can be prepared to grab and go on the way out the door if you need to quickly evacuate.

A grab and go bag may include items like diapers, wipes, food and snacks, and medication the child is currently taking. It is especially important to have medication ready for children who need to take it on a regular schedule. The bag should include critical items like water, food, and medication for each person for a minimum of 3 days, and a flashlight and safety whistle. These supplies can be used if a disaster means you need to stay in the home to care for children longer than normal. If you have time when evacuating, bring the bag with you. To prepare for emergencies, consider all of the details in and around the home. Regularly scan the home and remove possible dangers. Have readable house numbers so the police and fire departments can find the house. Maintain your vehicle so it is working and that you have adequate gas to evacuate. Verify that safety devices like fire extinguishers, smoke detectors and carbon monoxide detectors are working. Have a first aid kit. Keep a bag of supplies you might need immediately after the emergency. Store supplies, food, and water that you may need if a disaster leaves the area without power or water for many days or weeks. Stay informed about the weather and other possible emergencies in your area. With today's mobile phones, staying informed about severe weather watches and warnings can be as easy as downloading an app on your cell phone and setting the app to send you text or email alerts.

**\*\*Transcript developed by Successful Solutions\*\***