

How do you use standards?

You can do this one of two ways:

1. You can create a lesson plan and then find what standard will fit with your lesson plan.
 - You will create your lesson plan, for example about hand washing.
 - Follow the usual guidelines, title, age group, materials, procedure, etc.
 - You will look through the standards (CDA Competency Standards, Washington State Standards, or whatever standards your program uses) and choose which one(s) fits within your hand washing lesson.
 - You can use just one, or you can use multiple.

(These standards are taken from the CDA Competency Standards)

2.2 Candidate implements appropriate hygiene practices to minimize the spread of infectious diseases.

- b) Uses correct hand washing procedures before and after serving food, diapering/toileting and whenever needed

2.3 Candidate encourages children to practice healthy habits.

- a) Ensures that children wash hands properly, with assistance when needed

OR

2. You can choose which standard you want to meet and then create a lesson plan around that.
 - You will look at the list of standards (CDA Competency Standards, Washington State Standards, or whatever standards your program uses) and choose which one(s) you would like to practice.

(These standards are taken from the Washington State Standards)

Children ages 16 to 36 months may be able to use tools such as a spoon, crayon, toy hammer. (Page 54 of PDF)

- Now you will create a lesson plan that involves children working on their fine motor skills.