

Professional Portfolio

RC 1-2 Weekly Menu

Directions: Fill in the one-week menu for the age group which you are applying for the CDA Credential. In order to complete your related Reflective Competency Statement on this topic, the menu would ideally be one that you have participated in serving to and/or designing for children

Indicate the age group (preschool) (infant or toddler) or (mixed-age family child care) which the menu is intended.



Be sure to save this assignment to print off and include in your Professional Portfolio.

Make sure that you scroll down and complete the second part of this assignment.

| <i>Weekly Menu</i> | | | | | |
|--|--------|---------|-----------|----------|--------|
| * Attention * The age group must match the setting which you are applying for your CDA Credential (<i>infant/toddler, preschool, or birth-5 for family childcare</i>) | | | | | |
| Age Group: | | | | | |
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | | | | | |
| Lunch | | | | | |
| Snack | | | | | |

