

# Professional Portfolio

## Directions:

1. Include activities that **YOU** have planned and used in past lesson plans in your program.
2. Indicate the age group (**preschool setting: 3s, 4s, or 5s**) **OR** (**infant or toddler**) and list the intended goals, materials and processes/teaching strategies.
3. Discuss why it is developmentally appropriate for that age group.
4. It is best to include a Visual/Sample/Picture of your activity and place it in a plastic sheet cover.



Be sure to save this assignment to print off and include in your **Professional Portfolio**.

***Make sure that you scroll down and complete all parts of this assignment.***

<b>RC II-5 Gross Motor</b>	
<b>Activity</b> Beachball Basketball	<b>Age Group</b> - Toddler - Preschool: 3 Years
<b>Objective</b> Hand and eye coordination, balancing and throwing.	
<b>Materials Needed</b> Large totes/laundry baskets Beachballs	
<b>Process and Teaching Strategies</b> Set out 4 to 6 baskets and have at least one ball per child. Encourage them to toss the ball into the basket or kick the ball to the basket and pick up and place in the basket. Carry the ball over as well. Talk about the shape of the balls, colors. Demonstrate proper throwing technique.	
<b>How is this activity Developmentally Appropriate?</b> Children at this age love to throw and catch. Giving them something a little bigger really works those large muscles.	

