

# Professional Portfolio

## Directions:

1. Include activities that **YOU** have planned and used in past lesson plans in your program.
2. Indicate the age group (**preschool setting: 3s, 4s, or 5s**) **OR** (**infant or toddler**) and list the intended goals, materials and processes/teaching strategies.
3. Discuss why it is developmentally appropriate for that age group.
4. It is best to include a Visual/Sample/Picture of your activity and place it in a plastic sheet cover.



Be sure to save this assignment to print off and include in your **Professional Portfolio**.

***Make sure that you scroll down and complete all parts of this assignment.***

RC II-7 Emotional Skills	
<b>Activity</b> One-on-One Conversation	<b>Age Group</b> - Young Infant
<b>Objective</b> Infant will feel more secure with caregivers and build a foundation of self-confidence. They will gradually learn the importance of looking someone in the eye.	
<b>Materials Needed</b> Quiet area One or two books Soft blanket Teacher's attention	
<b>Process and Teaching Strategies</b> Infant needs to be in a good or neutral mood before beginning. If the infant has a favorite book get it, if not choose one based on their personality. Either cradle the infant in your arms or lying on your legs facing you. Greet the infant with a smile and eye contact. Tell them how happy you are to be with them. Watch their reaction, infants who are shy may not enjoy this part. Let them know that is okay to feel that way with a soothing voice (maintain eye contact). Ask if they would like to read a story. Read the book and be mindful of their reactions. Let the infant know you're going to lay them down but you aren't leaving! Talk about the outfit they are wearing, make eye contact and talk about your clothes. Are they similar or different? End the activity with infant being held and a gentle song to bring things to a positive end.	
<b>How is this activity Developmentally Appropriate?</b> This activity supports emotional and social development skills in infants.	



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