

## Risk of Injury and Stages of Development Birth to 12 Months

Ages	Characteristics	Risk of Injury	Prevention Tips
<b>Birth to 3 months</b>	<ul style="list-style-type: none"> <li>• Eats, sleeps, cries</li> <li>• Has strong sucking reflex</li> <li>• Begins grasping and rolling over unexpectedly</li> <li>• Needs support of head and neck</li> </ul>	<ul style="list-style-type: none"> <li>• Falls from couches, tables, changing tables, and bed</li> <li>• Burns from hot liquids</li> <li>• Choking and suffocation</li> <li>• SIDS (Sudden Infant Death Syndrome)</li> </ul>	<ul style="list-style-type: none"> <li>• Never leave infants alone on beds, changing tables, sofas, chairs or any other high surface</li> <li>• Always check water temperature before bathing infant. Set hot tap water temperature below 120 F.</li> <li>• Install smoke alarms and check the batteries twice a year.</li> <li>• Keep small objects and toys away from the baby.</li> <li>• Healthy infants should be placed on their back for sleeping.</li> <li>• Do not use soft bedding in a baby's sleeping area.</li> <li>• Approved child safety seats must be properly installed and used in the back seat facing the back of the car.</li> </ul>
<b>4 to 6 months</b>	<ul style="list-style-type: none"> <li>• Sits with minimum support</li> <li>• Plays with open hands</li> <li>• Reaches for objects</li> <li>• Begins to put things in mouth</li> <li>• Is increasingly curious about surroundings</li> <li>• Wants to test, touch and shake objects</li> </ul>	<ul style="list-style-type: none"> <li>• Vehicle occupant injury</li> <li>• Falls</li> <li>• Burns from hot liquids</li> <li>• Choking and suffocation</li> <li>• SIDS (Sudden Infant Death Syndrome)</li> <li>• Shaken Baby Syndrome</li> </ul>	<ul style="list-style-type: none"> <li>• Never leave infants alone on beds, changing tables, sofas, chairs or any other high surface</li> <li>• Always check water temperature before bathing infant. Set hot tap water temperature below 120 F.</li> <li>• Install smoke alarms and check the batteries twice a year.</li> <li>• Keep small objects and toys away from the baby.</li> <li>• Healthy infants should be placed on their back for sleeping.</li> <li>• Do not use soft bedding in a baby's sleeping area.</li> <li>• Approved child safety seats must be properly installed and used in the back seat facing the back of the car.</li> <li>• Never shake a baby, even playfully.</li> </ul>
<b>7 to 12 months</b>	<ul style="list-style-type: none"> <li>• Sits alone</li> <li>• Very curious about everything</li> <li>• Crawls</li> <li>• Starts to walk</li> <li>• Explores surroundings</li> <li>• Pulls things</li> <li>• Likes to go outside</li> <li>• Imitates movements of adults and others</li> <li>• Begins eating solid foods</li> </ul>	<ul style="list-style-type: none"> <li>• Vehicle occupant injury</li> <li>• Falls</li> <li>• Burns from hot liquids</li> <li>• Choking and suffocation</li> <li>• SIDS (Sudden Infant Death Syndrome)</li> <li>• Drowning</li> <li>• Shaken Baby Syndrome</li> </ul>	<ul style="list-style-type: none"> <li>• Approved child safety seats must be properly installed and used in the back seat facing the back of the car.</li> <li>• Do not use walkers or other walker-type equipment.</li> <li>• Always check water temperature before bathing infant. Set hot tap water temperature below 120 F.</li> <li>• Keep foods and hot liquids out of reach of children.</li> <li>• Put guards around radiators, hot pipes and other hot surfaces.</li> <li>• Healthy infants should be placed on their back for sleeping.</li> <li>• Always carefully supervise; never leave children in or near any water (including tubs, toilets, buckets, swimming pools or any other containers of water) even for a few seconds.</li> <li>• Never shake a baby, even playfully.</li> </ul>