

Shaken Baby – Abusive Head Trauma Video Transcript

Shaken Baby Syndrome, also known as Abusive Head Trauma, is a preventable and severe form of physical child abuse that results in an injury to the brain of an infant or small child. It is caused by a larger person violently shaking a baby or by blunt impact to a baby's head.

Even though the shaking may last only a few seconds, it can result in severe injury or death. Shaken Baby Syndrome/Abusive Head Trauma is the leading cause of physical child abuse deaths in children under 5 in the United States. This abuse accounts for approximately one-third of all child maltreatment deaths. It is most commonly triggered by inconsolable crying. It puts babies less than one year old at the greatest risk of injury. About 25% of all shaking victims die. Shaking a baby may cause internal injuries to the brain that leave no visible signs. A doctor uses tests to help diagnose Shaken Baby Syndrome/Abusive Head Trauma.

It's normal for babies to cry two to four hours a day. Even though crying is typical, it can still be stressful. Think about how you will stay calm if you've tried everything and the baby is still crying.

****Transcript developed by Successful Solutions****